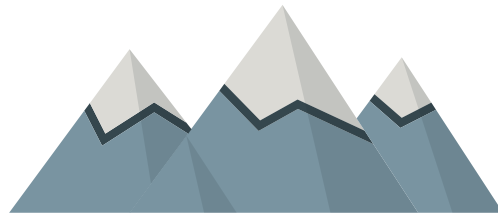


# the right example of humility



*So does belonging to Christ help you in any way? Does his love comfort you at all? Do you share anything in common because of the Holy Spirit? Has Christ ever been gentle and loving toward you? If any of these things has happened to you, then agree with one another. Have the same love. Be one in spirit and in the way you think and act. By doing this, you will make my joy complete. Don't do anything only to get ahead. Don't do it because you are proud. Instead, be humble. Value others more than yourselves. None of you should look out just for your own good. Each of you should also look out for the good of others. As you deal with one another, you should think and act as Jesus did. In his very nature he was God. Jesus was equal with God. But Jesus didn't take advantage of that fact. Instead, he made himself nothing. He did this by taking on the nature of a servant. He was made just like human beings. He appeared as a man. He was humble and obeyed God completely. He did this even though it led to his death. Even worse, he died on a cross! So God lifted him up to the highest place. God gave him the name that is above every name. When the name of Jesus is spoken, everyone will kneel down to worship him. Everyone in heaven and on earth and under the earth will kneel down to worship him. Everyone's mouth will say that Jesus Christ is Lord. And God the Father will receive the glory. — Philipians 2:1-11, NIRV*



What does it mean to be humble?  
In what ways was Jesus humble? Think of specific stories.  
Is it hard to be kind to others?  
What are some ways you can be kind to others this week?

# humble

adjective \ 'həm-bəl, 'əm- \  
1 : modest or meek in spirit or manner : not proud  
or bold <humble apology >  
2 : low in rank or status