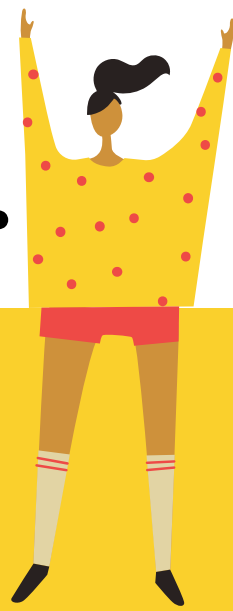


how You made me is amazing + wonderful.



You created the deepest parts of my being.
You put me together inside my mother's body.
How you made me is amazing and wonderful.

I praise you for that.
What you have done is wonderful.
I know that very well.

None of my bones was hidden from you
when you made me inside my mother's body.
That place was as dark as the deepest parts of the earth.

When you were putting me together there,
your eyes saw my body even before it was formed.
You planned how many days I would live.

You wrote down the number of them in your book before I had
lived through even one of them.

Psalm 139:13-16 New International Reader's Version (NIRV)

activity ideas

Go to your room and find the most valuable thing you own: a favourite toy or piece of clothing. Bring it and show it to the rest of your family for the discussion portion.

discussion questions

Talk with your parents about what makes something valuable. What is the most valuable thing they have in their house? What makes it valuable?

What is more valuable: people, or things?

What makes a person valuable?

God says that He has made you amazing and wonderfully. How does that make you feel?



valuable; adjective

- 1.: worth a lot
- 2.: very useful or helpful
- 3.: important to someone in a personal way